

CONNECTIONS
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PARENTING PLAN CHECKLIST FOR MEDIATION PARTICIPANTS

The following outline is to serve as a guide for developing a parenting plan. Note that the outline may not include every topic area that is required for you to develop a complete parenting plan for your child(ren). As well, you may not need to include all the items below in your parenting plan for your child(ren).

1. General statement on co-parenting
2. Schedule for children
 - a. Weekdays/nights and weekends
 - b. Summer vacations and school vacations
 - c. Holidays and religious holidays (e.g. Thanksgiving, Christmas Eve, Christmas Day, Jewish holidays, New Year's Eve, New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Halloween, others)
 - d. Special days (e.g. children's and parent's birthdays, Mother's Day, Father's Day)
 - e. Assurance of time with grandparents
 - f. Planning for periodic changes in schedule (1-4 times a year)
 - g. Problem resolution around children's schedule
3. Special Details
 - a. Transportation responsibility
 - b. Changeover times and places
 - c. Instructions or restrictions
 - d. Medical release forms if necessary
 - e. Education and health information about children
 - f. Other
4. Parenting Rights and Responsibilities
 - a. Major decisions concerning children (health, education, religious training, major activities, general welfare)
 - b. Title for parenting arrangements
5. Process for deciding changes in parenting arrangements
 - a. If one or other parent moves
 - b. Remarriage
 - c. Other
6. Process for decision-making and conflict resolution
7. For further information
 - a. ARIZONA Model Parenting Time Plans
www.supreme.state.az.us/nav2/childfam.htm
 - b. ALASKA Model Parenting Agreement
<http://www.state.ak.us/courts/forms/dr-475.pdf>
 - c. COLORADO Center for Divorce Mediation
www.coloradodivorcemediation.com/family
 - d. AFCC WEBSITE: Planning for Shared Parenting
www.afccnet.org